



Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY



November 5, 2024

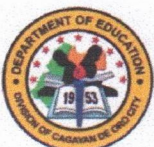
DIVISION MEMORANDUM

No. 861 s. 2024

**TIMELINES FOR THE CONDUCT OF DIVISION SPORTS ACTIVITIES AND PARAGAME
TECHNICAL GUIDELINES**

TO: Assistant Schools Division Superintendent
SGOD and CTD Chiefs
All Public Schools District Supervisors
All Elementary and Secondary School Heads (Private and Public Schools)

1. Pursuant to DepEd Order No. 43, s. 2016 entitled ***Implementing Rules and Regulations of the Republic Act 10588*** otherwise known as ***The Palarong Pambansa Act of 2013*** states that the policy of the State to promote physical education and encourage sports programs, league competitions and amateur sports, including training for international competitions, to foster self-discipline, teamwork and excellence for the development of a healthy and alert citizenry through the institutionalization of the Palarong Pambansa as the country's premier national sporting event.
2. In view of this, the field is hereby informed of the timeline of the conduct of the District Athletic Meets on December 6-7, 2024 for Legislative District 1, December 8-9, 2024 for Legislative District 2, and Division Athletic Meet on January 23-25, 2025.
3. The age qualification for an elementary athlete, he/she must have been born on or after January 1, 2012 while for secondary athlete, he/she must have been born on or after January 1, 2007.
4. The schools are expected to have organized their respective sports clubs and identify and select focus sports where they can confidently compete and advance to the next level of competition.
5. Public Schools District Supervisors in coordination with the District Sports Coordinators shall spearhead the conduct of their respective district meets.



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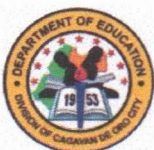
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6. Please be informed also that there will a subsidy of Php 250,000.00 each district for the expenses incurred during the Division Meet.
7. There will be demo games for elementary athletes for Futsal (girls) and for Billiard (boys and girls).
8. Please be informed also that there will be a meeting of all Public Schools District Supervisors and District Sports Coordinators on November 11, 2024, 2:00 p.m. at the SGOD Office 2nd floor.
9. Teachers serving as coaches / technical officials / TWGs will be granted service credits while school administrators, Compensatory Time Off (CTO) on services fall on Saturday and/or Sunday.
10. Attached also is the Paragames Technical guidelines for your guidance.
11. In adherence to Equal Opportunity Principle (EOP), inclusive and fair treatment are accorded to all personnel regardless of disability, sexual orientation, gender, age, religion, and ethnicity.
12. For widest dissemination and guidance.


ROY ANGELO E. GAZO
Schools Division Superintendent







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**PALARONG PAMBANSA
SECRETARIAT**

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PARAGAMES TECHNICAL GUIDELINES

I. ELIGIBILITY:

1.1 The Palarong Pambansa (Para - Games) 2024 shall only be participated in by pupils/students with Intellectual Disability (ID), visually impaired, orthopedically handicapped/amputee (OH) in-school athletes..

1.2 The athletes are enrolled students of Special Education (SPED) classes in the public and private schools for School Calendar (SC) 2023 - 2024.

1.3 Each region is allowed to field a maximum of **Seventy Three (73)** delegates composed of 50 athletes, 15 coaches and 8 chaperons.

1.4 Age category: for: **2024 PALARONG PAMBANSA**

Youth - born 2009 onwards (2010)

Juniors - born between 1999 and 2008

Open - born 1999 onwards (2000 onwards)

(2000 and 2009)

Visually Impaired - Open Category

To be assessed by registered ophthalmologist with visual acuity

Intellectual Disability - Youth

Juniors

To be assessed by registered psychologist with tool assessment

Ortho/Leg Amputee - Open Category

Goalball/Bocce - Open Category

II. ELIGIBILITY DOCUMENTS:

2.1 Athletes Record Information

2.2 Medical Certificate

2.3 Assessment by registered psychologist with tool assessment and **ophthalmologist with visual acuity**

*(for intellectual Disabled (ID) - IQ Level - 70 & below

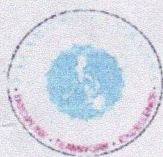
*(for visually impaired (LV & TB - Visual Acuity Test by licensed

ophthalmologist.

2.4 PSA/NSO Birth Certificate



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2.5 Certificate of Enrolment stating the school year the child first enrolled up to the present / completion.

2.6 Photo Gallery

2.7 Parents' / Guardian's Consent

2.8 8 pcs. 1.5x1.5 identical pictures with name tag (surname, first name and middle initial) **2.9** Form 137 / SF 10 (Take note of the subjects/skills that are supposed to be included in the competencies for the IDs)

Note: All original copy must be presented for verification purposes.

III. COMPETITION CATEGORIES:

A. Visually Impaired – Fourteen (14) athletes and four (4) coaches, and 2 Chaperon

Events	No of Athletes		Number of Coaches	Total
	Boys	Girls		
Athletics 100 M	3	3	1 for boys 1 for girls	9
Running			1-	
Long Jump			chaperon/asst.coach	
Shot Put				
Goalball Boys	4		One (1)	5
Goalball Girls		4	One (1) 1 chaperon/asst. coach	6

Amendment: Standing Long Jump for VI to be amended to Running Long Jump.

B. Intellectual Disability (ID) – twenty eight (28) athletes and seven (7) coaches, 4 chaperon

Events	Number of Athletes		Number of Coaches	Total
	Boys	Girls		
ATHLETICS	5	5		
100 m	Youth	Youth	1 for boys , 1	26
200 m	Category	Category	for girls	
400 m			1 chaperon	



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4 x 100 m Running Long Jump Shot Put	5 Juniors Category	5 Juniors Category	1 for boys , 1 for girls 1 chaperon	
BOCCE (Single, Doubles, Team Event)	2	2	1 coach 1-Chaperon	6
SWIMMING 50-Backstroke 50- Breaststroke 50-Freestyle	2 (Youth or Juniors Category)	2 (Youth or Juniors Category)	1 for boys 1 for girls 1 chaperon	7

Note: An athlete is allowed to play three (3) individual events and one (1) team event (Athletics)

Each participating team can enter only a maximum of two (2) athletes in each event.

No crossing of events

C. Ortho / Amputee – 8 athletes, 4 coaches and 2 chaperon/asst.coach
Above-knee/arm amputation (single & double) Below-knee/arm
amputation (single & double)

Events	No of Athletes		Number of Coaches	Total
	Boys	Girls		
ATHLETICS			One for Boys	
Shot Put	2	2		7
Long Jump			One for girls	
High Jump			One Chaperon	
SWIMMING				
50 - Backstroke	2	2		7
50 - Breaststroke			One for boys	
50 - Freestyle			One for Girls 1 chaperon	

Note: An athlete is allowed to play three (3) individual events in Athletics and in swimming.



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